

FRIENDS OF FIVE POINTS

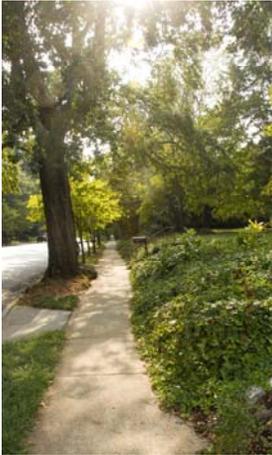
NEWSLETTER

Volume 7 Issue 1 April 2011



FOFP EASTER EGG HUNT SATURDAY, APRIL 23 11:00 AM MEMORIAL PARK

The sixth annual Friends of Five Points Easter Egg Hunt will be held at Memorial Park at 11:00 a.m. on Saturday, April 23, 2011. Bring your family to see the Easter Bunny and take part in our neighborhood tradition. Everyone is welcome to attend this free family event, which is co-sponsored this year by ACC Leisure Services. Please come to the lower field next to the children's playground. We need volunteers to arrive early for set-up; please send an e-mail to Sara Beresford if you can volunteer—info@friendsoffivepoints.org.



**ATHENS FARMERS
MARKET**
*SATURDAY MORNINGS
BISHOP PARK*

ATHFEST
*APRIL 30
DOWNTOWN ATHENS*

FEATURED BUSINESS: PLAINJANE DESIGNS 1331 S. MILLEDGE AVE.

Plainjane Designs focuses on custom invitations of all sorts—wedding invitations make up much of the business. Plainjane can also create all other types of invitations, as well as “save the date” cards, bookmarks and virtually any other customized printed product. Plainjane also carries an appealing variety of gifts including jewelry, tableware, tote bags, hostess gifts and baby items—many of these items can be personalized, too.

Jane Bennett opened her business about 12 years ago, initially operating out of her home. She found her first retail space at the Athens Interiors Market but quickly outgrew it, and moved to Five Points nearly five years ago.

Plainjane is located just south of the Five Points intersection, in a small house right on Milledge Avenue. Jane says she had always thought the house would make a wonderful store, even before she opened her business. When she began to look around for a larger spot and saw the For Rent sign, she felt it was meant to be and grabbed the location immediately.

Jane enjoys owning a business in Five Points, because friends and neighbors wander in; she likes seeing people she knows and very much enjoys working in the same community where she lives.

Plainjane Designs is open Tuesday-Saturday, 10-5:30 or by appointment. Parking is available behind the store, which is located just south of the intersection of Northview Drive and Milledge Avenue.

Jennie
Wenger



FOFP MEMBERSHIP UPDATE

Did you know that your Friends of Five Points membership has expired? Well, you're not alone; **all** Friends of Five Points memberships have expired. We continue to give Five Points residents the opportunity to join our organization.

With dozens of thriving businesses and more than 3,000 households, Five Points is a great place to work, live, and play ... and with your membership and support, we can work together to make it ever better!

Joining Friends of Five Points is an inexpensive yet rewarding way to support your neighborhood. Membership costs only \$10 per household for one year or \$25 for three years. Dues support production of the newsletter, maintenance of the website, and Friends of Five Points events and activities.

Membership benefits include:

- Subscription to our newsletter
- Opportunities to get involved with your local community by participating on a FOFP committee or getting involved in community discussions
- Subscription to our listserv in order to receive timely information about issues affecting our neighborhood and notifications of community-oriented events and activities
- Involvement in a neighborhood group willing to act on your behalf to preserve the quality of life in our great neighborhood.
- The knowledge that you're an active, involved part of the neighborhood!

See below for membership form to renew your FOFP membership.

Kimberly Ness

FRIENDS OF FIVE POINTS

Neighborhood Association
P.O. Box 5423, Athens, GA 30604

WE  FIVE POINTS!

Membership Form

Complete this form and mail it with your check (made payable to Friends of Five Points) to the above address.

Name: _____
Your Name or Business Name

Address: _____
Street Address City State Zip

Are you a new member or renewing member? New Renewing
Please indicate the type of membership: \$10 Household Membership
 \$25 Three-Year Household Membership
 \$25 Business Membership

If you would like to join the listserve and receive occasional e-mails about events and issues affecting our neighborhood, please provide your e-mail address here (please note that FOFP will not share your name, address or e-mail address with third parties): _____

Is there a specific issue or interest that Friends of Five Points can help you with? _____

Our association is successful due to the generosity of our volunteers. We are always looking for others interested in becoming involved in our mission. Please check the below volunteer opportunities that interest you:

- Helping with the newsletter or website
- Occasionally volunteering for social events
- Joining a committee
- Serving on the board
- Helping with a specific task
- Serving as a street captain

BENEFITS OF “BUYING LOCAL”

The term “buying local” is in common use these days, but do you ever think about how buying locally really affects you and your community? By responsibly purchasing locally produced items, you are not only helping your environment, but also your local economy and community well-being. There are several reasons why purchasing foods, goods, and services close to home is a good idea.

First, there is the environmental benefit of reducing the carbon footprint of your purchases by buying as local as possible. By buying goods produced or grown close to home, less energy is used to get the items to you. Locally made products do not have to travel far, which reduces energy usage and packing materials. Fruits and vegetables shipped from distant states and countries can spend up to two weeks in transit before they arrive in your grocery store. This long journey wastes more energy and resources to get goods in your store.

Your local economy can greatly benefit from buying locally as well. Many locally owned and operated family farms and businesses in the Athens area directly contribute to the products available to you as a consumer. By buying their goods, you are directly helping your local economy by supporting their businesses. The Athens Farmers Market, which operates from April through December, offers a variety of locally produced foods and other goods. Supporting this kind of market is a great way to financially support your local farmers and artisans.

There is a great feeling of community support and involvement when buying locally. When you see a sign above a loaf of bread or head of lettuce you are buying that says “Made in Athens”, you have immediate satisfaction that you are helping your fellow Athenians and surrounding community. Buy local - your food will taste better and your conscience will be at ease.

For more information on where to buy locally produced goods, go to www.eatwellguide.org and enter your zip code.

More information about the Athens Farmers Market can be found at athensfarmersmarket.net.

Kevin Barnes

WHAT’S THE SCOOP IN YOUR PET’S POOP?



For many pet owners, Fido and Fluffy are not merely pets, they are family members! Just like any other member of the family, they need routine health care. As part a yearly examination, your veterinarian will check his or her feces for intestinal parasites. While it may sound gross, it is common for both cats and dogs to be infected at some point in their lives with an intestinal parasite. Per the Companion Animal Parasite Council (CAPC), this problem can simply be solved by following your veterinarian’s recommendations and testing your pet annually. If left untreated, intestinal parasites can cause a range of clinical signs. It could vary from a mild gastroenteritis (upset stomach) and weight loss to a severe life threatening anemia (blood loss).

Keep in mind that not only can these intestinal parasites cause disease in cats and dogs, but there are some that can also infect and transmit diseases to humans. These parasites can penetrate the skin if someone walks barefoot through infected sand or soil or be ingested from contaminated soil. Since these parasites can cause serious health problems such as blindness in children, help keep the environment clean by scooping up your pet’s poop! Not only does picking up after your pet keep our streets clean and beautiful, but it also helps to decrease the potential for parasite transmission. Talk with your veterinary professional for more recommendations.

Currently, many monthly heartworm preventatives also serve as a monthly intestinal parasite control. This can help keep you and your pet stay safe. Talk with your veterinarian to ensure that your furry friend is currently taking a monthly dewormer!

Routine examinations for intestinal parasites are an important part of not only your pet’s health but public health as well. For more information check out <http://www.petsandparasites.org/>.